



ailme
Association for International
Lifelong Learning in Medicine

CONNECT 2025 SYMPOSIUM

**A New Era in Type 2 Diabetes
Treatment**

**Antihyperglycemic, Cardioprotective,
Renoprotective, and Beyond**

Voco Grand Central Hotel Glasgow

29 May - 1 June 2025



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29th of May, 2025

DAY 1: Antihyperglycemic Strategies - Mechanisms & Evidence-Based Approaches

14:00 - 14:30 | Registration & Welcome Coffee

14:30 - 15:00 | Opening Remarks

15:00 - 16:30

Session 4: Optimizing Combination Therapies

Lecture: Metformin & Beyond - When and How to Intensify Treatment

Kubilay Ukinç

Clinical Case Discussion: Dual vs. Triple Therapy in Complex Patients

Pedro Matos

Workshop: Tailoring Therapy Based on HbA1c, Weight, and Comorbidities

Larry Allen



16:30 - 17:00 | Coffee Break



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17:00 – 18:00

Expert Panel: The Future of Antihyperglycemic Therapy

New Drug Developments & Ongoing Clinical Trials
Filippos Triposkiadis

30th of May, 2025

DAY 2: Cardioprotective Benefits of Diabetes Medications

09:00 – 10:30

Session 5: Cardiovascular Risks & Benefits in Type 2 Diabetes

Keynote: The Link Between Type 2 Diabetes & Cardiovascular Disease

Özlem Yıldırım Türk

Clinical Trial Highlights: EMPA-REG, CANVAS, DECLARE-TIMI58 & REWIND

Petar Seferovic

Case Discussion: Managing Cardiovascular Risk in Diabetic Patients

Kubilay Ukinç



10:30 – 11:00 | Coffee Break



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11:00 - 13:00

Session 6: Cardioprotective Agents in Diabetes Care

Lecture: The Role of SGLT2 Inhibitors & GLP-1 Receptor Agonists

Larry Allen

Guideline Recommendations: ESC, AHA, ADA Updates on Cardiovascular Protection

David D. McManus

Interactive Workshop: Practical Implementation of Cardioprotective Strategies

Necmi Aydin



13:00 - 14:00 | Lunch Break

14:00 - 15:30

Session 7: Managing Hypertension, Lipids, & Antithrombotic Therapy in Diabetes

Lecture: Hypertension in Type 2 Diabetes - What's New?

David D. McManus

Case-Based Discussion: Managing Dyslipidemia in Patients with Diabetes

Maja Mirocevic Rotolo

Clinical Trial Analysis: FOURIER, ODYSSEY, and CREDENCE

Maja Mirocevic Rotolo



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15:30 - 16:00 | Coffee Break

16:00 - 17:00 Session 8: Dapagliflozin in the Treatment of Type 2 Diabetes

Effects on HbA1c and insulin-independent mechanism

Sergio Lavandero

Advantages as an agent without the risk of hypoglycemia

Filippos Triposkiadis

Achieving glycemic control along with cardiorenal benefits

Pedro Matos



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31st of May, 2025

DAY 3: Renoprotection & Beyond - Holistic Diabetes Management

09:00 - 10:30

Session 9: A Cardiologist's Perspective: Paradigm Shift in Heart Failure Treatment From Theory to Practice: Dapagliflozin in T2DM Patients with Heart Failure

Cardiovascular effects of dapagliflozin in patients with
type 2 diabetes

Özlem Yıldırım Türk

Key clinical trial results, including DECLARE-TIMI 58 and
DAPA-HF

Petar Seferovic

Positive effects on heart failure (HFrEF and HFpEF)

Ljiljana Scepanovic

Outcomes of dapagliflozin use in T2DM patients with
heart failure

Maja Mirocevic Rotolo

Real-world data and patient management with Clinical
follow-up processes for patients and potential to reduce
diuretic needs and hospital admission rates

Petar Seferovic



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10:30 - 11:00 | Coffee Break

11:00 - 13:00 | Session 8: Multidisciplinary Care & Patient-Centered Approaches

Lecture: Obesity, NAFLD, and Diabetes - A Growing Challenge

Kubilay Ukinç

Guideline Update: Lifestyle, Nutrition, and Bariatric Interventions

Ljiljana Cirkovic Natalic

Real-World Case Study: Managing Diabetes in Complex Patients and use of Antibiotics

Maja Mirocevic Rotolo



13:00 - 14:00 | Lunch Break

14:00 - 15:30 | Session 9: Innovations in Diabetes Care

Lecture: The Role of Digital Health & AI in Diabetes Management

Sarah Maria Roger D'Haese

Interactive Workshop: Practical Strategies for Patient Education & Engagement

Kristiaan Wouters



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15:30 - 16:00 | Coffee Break

16:00 - 17:00

Session 3: Personalized Treatment Approaches

Guideline Updates: ADA & EASD Consensus on
Antihyperglycemic

Agents Kubilay Ukinç

Case-Based Discussion: Managing Newly Diagnosed Type
2 Diabetes

Aytekin Oğuz

Interactive Q&A: Experts Answer Your Most Pressing
Questions

17:00 - 18:00

Case Discussion

Aytekin Oğuz



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1st of June, 2025

DAY 4: Final Day Discussion

09:30 - 11:00

Session 1: Foundations of Antihyperglycemic Therapy

Pathophysiology of Type 2 Diabetes & Therapeutic
Targets

Aytekin Oğuz

Evolution of Antihyperglycemic Treatments: From Insulin
to GLP-1Ras

Kubilay Ukinç

UKPDS, ADVANCE, EMPA-REG & LEADER Trials

Pedro Matos

Selecting the Right Drug for the Right Patient

Miguel Melo



11:00 - 11:30 | Coffee Break



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11:30 - 13:00

Session 2: Type 2 DM and Cardiovascular-Renal-Metabolic Syndrome

The Relationship Between Type 2 Diabetes, Heart Failure, and Kidney Diseases

Aytekin Oğuz

The burden of type 2 diabetes on the cardiovascular and renal systems

Özlem Yıldırım Türk

Increased risks in patients with heart failure (HF) and chronic kidney disease (CKD)

Filippos Triposkiadis

The importance of cardiorenal syndrome

David D. McManus

13:00 - 13:30

Closing

Aytekin Oğuz