

# CLINICAL EXCELLENCE SYMPOSIUM

## Current Concepts and Advances in Type 2 Diabetes and Iron Deficiency Management

NH Madrid Ribera del Manzanares

16-19 April 2026



### Scientific Program: Madrid 2026



#### Thursday, April 16

18:30 – 19:00 Registration

19:00 – 20:30 Welcome & Program Introduction  
*Speaker: Aytekin Oğuz*

#### Friday, April 17

##### New Paradigms in T2DM & Cardiorenal Protection

###### › Panel 1

**Moderator: Andrzej Szuba**

09:00 – 09:45 Diabetes and Hypertension Prevalence and Control in Türkiye and Poland (PURE Study)  
*Speaker: Aytekin Oğuz, Katarzyna Zatońska*

09:45 – 10:30 Beyond Glycemic Control: The Evolving Frontier in T2DM Therapy  
*Speaker: Katarzyna Zatońska*

##### 10:30 – 11:00 Coffee Break

###### › Panel 2

**Moderator: Katarzyna Zatońska**

11:00 – 11:45 Evidence-Based Nutritional Interventions for Cardiometabolic Risk Reduction: From Theory to Clinical Practice  
*Speaker: Alicja Basiak-Rasała*

11:45 – 12:30 2026 ADA Standards of Care: Key Updates to Treatment Algorithms  
*Speaker: Miraç Vural Keskinler*

##### 12:30 – 13:30 Lunch

###### › Panel 3

**Moderator: Miraç Vural Keskinler**

13:30 – 14:15 The Role of DPP-4 Inhibitors in Frail and Elderly Populations  
*Speaker: Özge Telci Çaklılı*

14:15 – 15:00 Combination Strategies in Type 2 Diabetes  
*Speaker: Katarzyna Zatońska*

##### 15:00 – 15:30 Coffee Break

15:30 – 16:30 Diabetes and ENT Complications: From Hearing Loss to Head and Neck Cancer

**Moderator: Aytekin Oğuz**

*Speaker: Tomasz Zatoński*

#### Saturday, April 18

##### Optimizing Intravenous Iron Therapy in Iron Deficiency and Anemia

###### › Panel 4

**Moderator: Katarzyna Zatońska**

09:00 – 09:45 Prevalence and Characteristics of Anemia in Turkish Adults Insights from the PURE Türkiye Cohort  
*Speakers: Aytekin Oğuz*

09:45 – 10:30 Managing Iron Deficiency and Iron Deficiency Anemia in Internal Medicine Practice  
*Speaker: Miraç Vural Keskinler*

##### 10:30 – 11:00 Coffee Break

###### › Panel 5

**Moderator: Özge Telci Çaklılı**

11:00 – 11:45 The Unique Molecular Structure of Intravenous Ferric Carboxymaltose and Its Advantages in Iron Therapy  
*Speaker: Sena Ulu*

11:45 – 12:30 Perioperative Approaches to Iron Deficiency: Intravenous Iron Before and After Surgery  
*Speaker: Miraç Vural Keskinler*

##### 12:30 – 13:30 Lunch

###### › Panel 6

**Moderator: Miraç Vural Keskinler**

13:30 – 14:15 Intravenous Iron Therapy in Pregnancy: Optimizing Management of Iron Deficiency and Anemia  
*Speaker: Sena Ulu*

14:15 – 15:00 Evaluation and Management of Lipedema  
*Speaker: Andrzej Szuba*

##### 15:00 – 15:30 Coffee Break

15:30 – 16:30 Needs of Older People in Long-Term Care Settings

**Moderator: Özge Telci Çaklılı**

*Speaker: Dorota Szczesniak*

#### Sunday, April 19

##### Integrated Perspectives and Future Directions

###### › Panel 7

**Moderator: Aytekin Oğuz**

09:00 – 09:45 Overlaps Between Type 2 Diabetes and Iron Deficiency: Cardiometabolic and Cardiovascular Implications  
*Speaker: Özge Telci Çaklılı*

09:45 – 10:30 Multimorbidity Management: Anemia in Patients with Diabetes, Heart Failure, and CKD – Practical Strategies  
*Speaker: Sena Ulu*

##### 10:30 – 11:00 Coffee Break

11:00 – 11:30 Closing Session: Key Take-Home Messages, Future Research Directions, and Symposium Summary

**Moderator: Sena Ulu**

*Speaker: Miraç Vural Keskinler*