

CLINICAL EXCELLENCE SYMPOSIUM

Current Concepts and Advances in Type 2 Diabetes and Iron Deficiency Management

NH Madrid Ribera del Manzanares
16-19 April 2026



Scientific Program: Madrid 2026



Thursday, April 16

- 18:30 – 19:00 Registration
- 19:00 – 20:30 Welcome & Program Introduction
Speaker: Aytekin Oğuz

Friday, April 17

New Paradigms in T2DM & Cardiorenal Protection

> Panel 1

- Moderator: Andrzej Szuba*
- 09:00 – 09:45 Diabetes and Hypertension Prevalence and Control in Türkiye and Poland (PURE Study)
Speaker: Aytekin Oğuz, Katarzyna Zatońska
- 09:45 – 10:30 Beyond Glycemic Control: The Evolving Frontier in T2DM Therapy
Speaker: Katarzyna Zatońska

10:30 – 11:00 Coffee Break

> Panel 2

- Moderator: Katarzyna Zatońska*
- 11:00 – 11:45 Evidence-Based Nutritional Interventions for Cardiometabolic Risk Reduction: From Theory to Clinical Practice
Speaker: Alicja Basiak-Rasała
- 11:45 – 12:30 2026 ADA Standards of Care: Key Updates to Treatment Algorithms
Speaker: Miraç Vural Keskinler

12:30 – 13:30 Lunch

> Panel 3

- Moderator: Miraç Vural Keskinler*
- 13:30 – 14:15 The Role of DPP-4 Inhibitors in Frail and Elderly Populations
Speaker: Özge Telci Çaklılı
- 14:15 – 15:00 Combination Strategies in Type 2 Diabetes
Speaker: Katarzyna Zatońska
- 15:00 – 15:30 Coffee Break
- 15:30 – 16:30 Diabetes and ENT Complications: From Hearing Loss to Head and Neck Cancer
Moderator: Aytekin Oğuz
Speaker: Tomasz Zatoński

Saturday, April 18

Optimizing Intravenous Iron Therapy in Iron Deficiency and Anemia

> Panel 4

- Moderator: Katarzyna Zatońska*
- 09:00 – 09:45 Prevalence and Characteristics of Anemia in Turkish Adults Insights from the PURE Türkiye Cohort
Speakers: Aytekin Oğuz
- 09:45 – 10:30 Managing Iron Deficiency and Iron Deficiency Anemia in Internal Medicine Practice
Speaker: Miraç Vural Keskinler

10:30 – 11:00 Coffee Break

> Panel 5

- Moderator: Özge Telci Çaklılı*
- 11:00 – 11:45 The Unique Molecular Structure of Intravenous Ferric Carboxymaltose and Its Advantages in Iron Therapy
Speaker: Sena Ulu
- 11:45 – 12:30 Perioperative Approaches to Iron Deficiency: Intravenous Iron Before and After Surgery
Speaker: Miraç Vural Keskinler

12:30 – 13:30 Lunch

> Panel 6

- Moderator: Miraç Vural Keskinler*
- 13:30 – 14:15 Intravenous Iron Therapy in Pregnancy: Optimizing Management of Iron Deficiency and Anemia
Speaker: Sena Ulu
- 14:15 – 15:00 Evaluation and Management of Lipedema
Speaker: Andrzej Szuba
- 15:00 – 15:30 Coffee Break
- 15:30 – 16:30 Needs of Older People in Long-Term Care Settings
Moderator: Özge Telci Çaklılı
Speaker: Dorota Szczesniak

Sunday, April 19

Integrated Perspectives and Future Directions

> Panel 7

- Moderator: Aytekin Oğuz*
- 09:00 – 09:45 Overlaps Between Type 2 Diabetes and Iron Deficiency: Cardiometabolic and Cardiorenal Implications
Speaker: Özge Telci Çaklılı
- 09:45 – 10:30 Multimorbidity Management: Anemia in Patients with Diabetes, Heart Failure, and CKD – Practical Strategies
Speaker: Sena Ulu
- 10:30 – 11:00 Coffee Break
- 11:00 – 11:30 Closing Session: Key Take-Home Messages, Future Research Directions, and Symposium Summary
Moderator: Sena Ulu
Speaker: Miraç Vural Keskinler