

CLINICAL EXCELLENCE SYMPOSIUM
Current Concepts and Advances in
Type 2 Diabetes and Iron Deficiency
Management

NH Madrid Ribera del Manzanares
17-19 April 2026



Scientific Program: Madrid 2026



Friday, April 17

New Paradigms in T2DM & Cardiorenal Protection

- 08:30 – 09:00Welcome & Program Introduction
Speaker: Aytekin Oğuz
- > Panel 1
- 09:00 – 09:45Diabetes and Hypertension Prevalence and Control in Türkiye and Poland (PURE Study)
Speaker: Aytekin Oğuz, Katarzyna Zatońska
- 09:45 – 10:30Beyond Glycemic Control: The Evolving Frontier in T2DM Therapy
Speaker: Katarzyna Zatońska
- 10:30 – 11:00Coffee Break
- > Panel 2
- 11:00 – 11:45Evidence-Based Nutritional Interventions for Cardiometabolic Risk Reduction: From Theory to Clinical Practice
Speaker: Alicja Basiak-Rasała
- 11:45 – 12:302026 ADA Standards of Care: Key Updates to Treatment Algorithms
Speaker: Miraç Vural Keskinler
- 12:30 – 13:30Lunch
- > Panel 3
- 13:30 – 14:15The Role of DPP-4 Inhibitors in Frail and Elderly Populations
Speaker: Özge Telci Çaklılı
- 14:15 – 15:00Combination Strategies in Type 2 Diabetes
Speaker: Katarzyna Zatońska
- 15:00 – 15:30Coffee Break
- 15:30 – 16:30Diabetes and ENT Complications: From Hearing Loss to Head and Neck Cancer
Moderator: Aytekin Oğuz
Speaker: Tomasz Zatoński

Saturday, April 18

Optimizing Intravenous Iron Therapy in Iron Deficiency and Anemia

- > Panel 4
- 09:00 – 09:45Prevalence and Characteristics of Anemia in Turkish Adults Insights from the PURE Türkiye Cohort
Speakers: Aytekin Oğuz
- 09:45 – 10:30Managing Iron Deficiency and Iron Deficiency Anemia in Internal Medicine Practice
Speaker: Miraç Vural Keskinler
- 10:30 – 11:00Coffee Break
- > Panel 5
- 11:00 – 11:45The Unique Molecular Structure of Intravenous Ferric Carboxymaltose and Its Advantages in Iron Therapy
Speaker: Sena Ulu
- 11:45 – 12:30Perioperative Approaches to Iron Deficiency: Intravenous Iron Before and After Surgery
Speaker: Miraç Vural Keskinler
- 12:30 – 13:30Lunch
- > Panel 6
- 13:30 – 14:15Intravenous Iron Therapy in Pregnancy: Optimizing Management of Iron Deficiency and Anemia
Speaker: Sena Ulu
- 14:15 – 15:00Evaluation and Management of Lipedema
Speaker: Andrzej Szuba
- 15:00 – 15:30Coffee Break
- 15:30 – 16:30Needs of Older People in Long-Term Care Settings
Moderator: Özge Telci Çaklılı
Speaker: Dorota Szczesniak

Sunday, April 19

Integrated Perspectives and Future Directions

- > Panel 7
- 09:00 – 09:45Overlaps Between Type 2 Diabetes and Iron Deficiency: Cardiometabolic and Cardiorenal Implications
Speaker: Özge Telci Çaklılı
- 09:45 – 10:30Multimorbidity Management: Anemia in Patients with Diabetes, Heart Failure, and CKD – Practical Strategies
Speaker: Sena Ulu
- 10:30 – 11:00Coffee Break
- 11:00 – 11:30Closing Session: Key Take-Home Messages, Future Research Directions, and Symposium Summary
Moderator: Sena Ulu
Speaker: Miraç Vural Keskinler