

Diabetes and Ophthalmology Summit 2025

Novotel Sevilla, Spain
5 – 7 September 2025



Programme

05.09.2025 – Sevilla, Spain

- 08:30 – 08:45 Welcome and Introduction
Katarzyna Zatońska, Tomasz Zatoński, Aytekin Oğuz
- > 08:45 – 09:55 **Panel 1: Comprehensive Diabetes Care - Epidemiology to Practice**
Katarzyna Zatońska, Aytekin Oğuz
- 08:45 – 09:00 Longitudinal Trajectories of Diabetes Prevalence, *Katarzyna Zatońska*
- 09:00 – 09:15 Dietary Factors Related to Impaired Carbohydrate Metabolism
Alicja Basiak-Rasała
- 09:15 – 09:40 Standards of Diabetes Care - What is New in Guidelines, *Miraç Vural Keskinler*
- 09:40 – 09:55 Panel Discussion
- 09:55 – 10:15 Coffee Break**
- > 10:15 – 11:45 **Panel 2: Diabetes Comorbidities and Complications**
Tomasz Zatoński, Özge Telci Çaklılı
- 10:15 – 10:30 Diabetes and Atherosclerotic Cardiovascular Disease, *Andrzej Szuba*
- 10:30 – 10:50 Diabetes and Metabolic Dysfunction - Associated Steatotic Liver Disease (MASLD) – *Banu Mesçi*
- 10:50 – 11:10 Association Between Diabetes and Hearing Loss, *Tomasz Zatoński*
- 11:10 – 11:30 The impact of cardiometabolic risk factors on cognitive impairment
Dorota Szczesniak
- 11:30 – 11:45 Panel Discussion
- 11:45 – 12:45 Lunch Break**
- PURE Insights:** Advances in Diabetes Care and Management
- > 12:45 – 14:30 **Panel 3: Prospective Urban and Rural Epidemiological (PURE) Study**
Katarzyna Zatońska, Aytekin Oğuz
- 12:45 – 13:00 Overview of PURE Study, *Aytekin Oğuz*
- 13:00 – 13:20 Epidemiology of dyslipidemia, *Miraç Vural Keskinler*
- 13:20 – 13:40 Obesity and Non-Communicable Diseases, *Katarzyna Zatońska*
- 13:40 – 14:00 Risk Factors, Use of Preventive Drugs, and Cardiovascular Events in Diabetes Mellitus, *Özge Telci Çaklılı*
- 14:00 – 14:30 Panel Discussion
- 14:30 – 16:00 **Closing Session:** Key Takeaways and Future Directions
Katarzyna Zatońska, Aytekin Oğuz, Tomasz Zatoński, Özge Telci Çaklılı, Miraç Vural Keskinler, Dorota Szczesniak, Banu Mesçi, Andrzej Szuba, Alicja Basiak-Rasała

06.09.2025 – Sevilla, Spain

- 08:30 – 08:50 Opening Ceremony, *Dr. Altan Atakan Ozcan*
- > 08:50 – 10:30 **Panel 1: Preservative Free Glaucoma Treatment & Brimonidine**
- 08:50 – 09:30 In EGS Guidline Glaucoma Treatment, *Dr. Oya Tekeli*
- 09:30 – 10:15 Preservative Free Brimonidine, *Dr. Oya Tekeli*
- 10:15 – 10:30 Panel Discussion
- 10:30 – 11:00 Coffee Break**
- > 11:00 – 12:30 **Panel 2: A Multifunctional Solution to a Multifactorial Problem**
- Dry Eye Disease Syndrome Associated with Systemic Conditions and Multidose Cyclosporine Treatment
- 11:00 – 11:30 Sign and Symptom Severity, Assessment and Management of Dry Eye Associated with Systemic Conditions, *Dr. Ozlem Barut Selver*
- 11:30 – 12:15 Multidose Cyclosporine, *Dr. Ozlem Barut Selver*
- 12:15 – 12:30 Panel Discussion
- 12:30 – 13:30 Lunch Break**
- > 13:30 – 14:45 **Panel 3: Eye Disease Management from a Multidisciplinary Perspective**
- Eye Disease Management In Diabetic Patients
- 13:30 – 14:00 From the Internal Medicine’s Perspective, *Dr. Aytekin Oguz*
- 14:00 – 14:30 From the Ophthalmologist’s Perspective, *Dr. Altan Atakan Ozcan*
- 14:30 – 14:45 Panel Discussion
- 14:45 – 15:00 Coffee Break**
- > 15:00-16:45 **Panel 4: Best Practices and Lessons Learned**
- 15:00 – 16:00 Best Practices In Ophthalmology Clinics, *Dr. Altan Atakan Ozcan*
- 15:00 – 16:30 Best Practices, *Dr. Ozlem Barut Selver*
- 16:30 – 16:45 Panel Discussion

07.09.2025 – Sevilla, Spain

- > 09:00 – 10:00 **Panel 1: Rational Drug Use Diabetes**
Aytekin Oğuz, Sadek Nazar
- 09:00 – 09:30 Optimizing Dosage for Diabetic Medications, *Özge Telci Çaklılı*
- 09:30 – 10:00 Improving Patient Compliance and Treatment Adherence, *Miraç Vural Keskinler*
- 10:00 – 10:30 Coffee Break**
- > 10:30 – 11:30 **Panel 2: Integrated Care for Diabetes and Ophthalmology: A Panel Discussion**
Sophio Beridze
- 10:30 – 11:00 Multi-Disciplinary Approaches to Patient Care, *Valeriya Lyssenko*
- 11:00 – 11:30 Care Based Discussion and Q&A, *Aytekin Oğuz*
- 11:30 – 12:30 Closing Remarks and Reflection on Rational Use in Practice
Aytekin Oğuz, Sadek Nazar, Özge Telci Çaklılı, Miraç Vural Keskinler, Sophio Beridze, Valeriya Lyssenko