

International Symposium on Dyslipidemia and Hypertension

Hotel: Sana Metropolitan
4-5 September 2026



Symposium Program: Lisbon 2026



Friday, September 4

Opening and Introduction: Aytekin Oğuz, Tomasz Zatonski

> **Panel 1** *Moderators: Katarzyna Zatońska, Aytekin Oğuz*

09:00 – 09:45 Definition and Characteristics of Atherogenic Dyslipidemia

Speaker: Mehmet Uzunlulu

09:45 – 10:30 Prevalence, Treatment, and Control of Dyslipidemia: PURE Study Results

Speaker: Miraç Vural Keskinler

10:30 – 11:00 Coffee Break

11:00 – 11:45 Nutritional Strategies for Managing Dyslipidemia

Speaker: Alicja Basiak-Rasala

11:45 – 12:30 Pharmacological treatment of Dyslipidemia, Focus on Fenofibrate

Speaker: Miraç Vural Keskinler

12:30 – 13:30 Lunch

> **Panel 2** *Moderators: Katarzyna Zatońska, Aytekin Oğuz*

13:30 – 14:15 Overcoming Clinical and Therapeutic Inertia: Practical Approaches

Speaker: Katarzyna Zatońska

14:15 – 15:30 Interactive Case Discussions on Management of Dyslipidemia

Panelists: Miraç Vural Keskinler, Mehmet Uzunlulu

15:30 – 16:00 Coffee Break

16:00 – 17:00 Wrap up and Key Takeaways of the Day

Speakers: Tomasz Zatonski, Aytekin Oğuz

Saturday, September 5

> **Panel 3** *Moderators: Miraç Vural Keskinler, Alicja Basiak-Rasala*

09:00 – 09:45 Prevalence, Treatment and Control of Hypertension in Poland

Speaker: Katarzyna Zatońska

09:45 – 10:30 Hypertension and Diabetes:
Metabolic Advantages of the Verapamil/Trandolapril Combination

Speaker: Miraç Vural Keskinler

10:30 – 11:00 Coffee Break

11:00 – 11:45 High Blood Pressure and Nasal Bleeding: Facts and Myths

Speaker: Tomasz Zatonski

11:45 – 12:30 Modifiable risk factors, cardiovascular disease, and mortality:
Insights from PURE Study

Speaker: Andreas Wielgosz

12:30 – 13:30 Lunch

> **Panel 4** *Moderators: Aytekin Oğuz, Mehmet Uzunlulu*

13:30 – 14:30 Interactive Case Discussions on Integrated Management of High Blood Pressure

Panelists: Miraç Vural Keskinler, Katarzyna Zatońska

14:30 – 15:00 Coffee Break

15:00 – 16:30 Advantages of Combination Treatment Strategies in Hypertension and Dyslipidemia

Speaker: Mehmet Uzunlulu

16:30 – 17:00 Key Take-Home Messages and Closing Remarks

Speakers: Aytekin Oğuz, Katarzyna Zatońska