

Malaga International Symposium on Diabetes

Hotel Malaga Alameda Centro by Melia
7-9 June 2026



Symposium Program: Malaga 2026

Sunday, June 7

08:30 – 09:00 Welcome and Introduction to the Symposium

> **Panel 1** **Redefining Type 2 Diabetes: From Gluco-centric Control to Organ Protection**
Moderator: Tomasz Zatonski

09:00 – 09:45 From Glucose-Centered Management to Integrated Cardiometabolic Strategy
Speaker: Aytekin Oğuz

09:45 – 10:00 Q&A and Discussion

10:00 – 10:45 Contemporary International Guidelines: Interpretation and Clinical Application
Speaker: Miraç Vural Keskinler

10:45 – 11:00 Q&A and Discussion

11:00 – 11:15 Coffee Break

11:15 – 12:00 Initial Pharmacotherapy in Type 2 Diabetes: Precision-Based Selection
Speaker: Katarzyna Zatońska

12:00 – 12:15 Q&A and Discussion

12:15 – 13:30 Lunch

> **Panel 2** **Therapeutic Optimization and Disease Heterogeneity**
Moderator: Tomasz Zatonski

13:30 – 14:15 Early Combination Therapy: Durability and Outcome-Oriented Treatment
Speaker: Miraç Vural Keskinler

14:15 – 14:30 Q&A and Discussion

14:30 – 15:30 Interactive Clinical Forum: Complex Case Discussions in Diabetes
Facilitator: Aytekin Oğuz
Case Presenter & Discussant: Miraç Vural Keskinler

15:30 – 15:45 Q&A and Discussion

15:45 – 16:00 Coffee Break

16:00 – 16:45 Overcoming Clinical and Therapeutic Inertia
Moderator: Katarzyna Zatońska
Speaker: Dorota Szcześniak

16:45 – 17:00 Q&A and Discussion

Monday, June 8

> **Panel 3** **Systemic Impact of Diabetes**
Moderator: Miraç Vural Keskinler

08:30 – 09:15 Diabetes and Cognitive Dysfunction: Mechanistic Insights and Clinical Evidence
Speaker: Dorota Szcześniak

09:15 – 09:30 Q&A and Discussion

09:30 – 10:15 Lifestyle Intervention and Cardiovascular Risk Reduction in Diabetes
Speaker: Alicja Basiak-Rasała

10:15 – 10:30 Q&A and Discussion

10:30 – 11:00 Coffee Break

11:00 – 11:45 Hearing Impairment in Diabetes: An Underrecognized Complication
Moderator: Aytekin Oğuz
Speaker: Tomasz Zatonski

11:45 – 12:00 Q&A and Discussion

12:00 – 13:00 Lunch

> **Panel 4** **Cardiovascular–Metabolic Integration and Special Populations**
Moderator: Katarzyna Zatońska

13:00 – 13:45 Preventing Macrovascular Complications: Evidence-Based Strategies
Speaker: Aytekin Oğuz

13:45 – 14:00 Q&A and Discussion

14:00 – 15:00 Diabetes in Elderly and Frail Individuals: Individualization and Deprescribing
Panelists: Katarzyna Zatońska, Miraç Vural Keskinler, Alicja Basiak-Rasała

15:00 – 15:15 Coffee Break

15:15 – 16:15 Effective Patient Communication: The Cornerstone of Treatment Adherence
Moderator: Dorota Szcześniak
Speaker: Miraç Vural Keskinler

16:15 – 16:30 Q&A and Discussion

16:30 – 17:00 Closing Plenary: Strategic Take-Home Messages and Future Perspectives
Speakers: Katarzyna Zatońska, Aytekin Oğuz