

# Diabetes and Ophthalmology Summit II 2026

Pirecise House Mantegna, Rome/Italy

15-17 October 2026



## Symposium Program: Rome 2026



### Thursday, October 15

- 09:00 – 09:15 **Opening Ceremony - Dr. Tülay Şimşek**
- > **SESSION 1** **Current Management of Glaucoma: EGS Guideline Recommendations and Treatment Algorithms**  
*Speaker: Dr. Tülay Şimşek*
- 09:15 – 09:25 Current Overview of Glaucoma Management According to the EGS Guidelines
- 09:25 – 09:35 First-Line Treatment Selection: Current Treatment Algorithms
- 09:35 – 09:45 Factors Influencing Treatment Success: Adherence, Persistence, and Ocular Surface Health
- 09:45 – 10:00 Q&A
- > **SESSION 2** **Preservative-Free Brimonidine Therapy**  
*Speaker: Dr. Tülay Şimşek*
- 10:00 – 10:15 Mechanism of Action of Brimonidine and Its Role in Glaucoma Management
- 10:15 – 10:30 Benefits of Preservative-Free Formulations for the Ocular Surface
- 10:30 – 10:45 Clinical Studies, Patient Selection and Case Discussion
- 10:45 – 11:00 Q&A
- 11:00 – 11:30 Coffee Break**
- > **SESSION 3** **Current Management of Dry Eye Disease**  
*Speaker: Dr. Mutlu Acar*
- 11:30 – 11:45 What's New in DEWS III
- 11:45 – 12:00 Diagnostic Algorithm and Disease Classification
- 12:00 – 12:15 Stage-Based Treatment Approach
- 12:15 – 12:30 Q&A
- > **SESSION 4** **Cyclosporine Therapy in Dry Eye Disease**  
*Speaker: Dr. Mutlu Acar*
- 12:30 – 12:45 Inflammation in Dry Eye Disease and the Mechanism of Action of Cyclosporine
- 12:45 – 13:00 Sign and Symptom Severity, Assessment and Management of Dry Eye Associated with Systemic Conditions
- 13:00 – 13:15 Multidose Cyclosporine
- 13:15 – 13:30 Q&A
- 13:30 – 14:30 Lunch**
- > **SESSION 5** **Eye Disease Management from a Multidisciplinary Perspective**  
*Speakers: Dr. Aytekin Oğuz, Dr. Tülay Şimşek*
- 14:30 – 14:45 Eye Disease Management In Diabetic Patients
- 14:45 – 15:00 From the Internal Medicine's Perspective
- 15:00 – 15:15 From the Ophthalmologist's Perspective
- 15:15 – 15:30 Q&A
- 15:30 – 16:00 Coffee Break**
- > **SESSION 6** **Best Practices and Lessons Learned**  
*Speakers: Dr. Aytekin Oğuz, Dr. Tülay Şimşek*
- 16:00 – 16:15 Best Practices In Ophthalmology Clinics
- 16:15 – 16:30 Best Practices In Internal Medicine's Clinics
- 16:30 – 17:00 Q&A

### Friday, October 16

- > **SESSION 1** **Session Chair: Aytekin Oğuz**
- 09:00 – 09:45 Metabolic liver disease:  
How we can implement the major guidelines to our daily practice  
*Speaker: Banu Mesçi*
- 09:45 – 10:30 Highlights from the 2026 Joint ADA/EASD Consensus Report on the Management of Type 2 Diabetes  
*Speaker: Miraç Vural Keskinler*
- 10:30 – 11:15 Dietary Protein Supplementation in Diabetes:  
Balancing Glycemic Control, Muscle Mass, and Renal Safety  
*Speaker: Alicja Basiak-Rasała*
- 11:15 – 11:30 Coffee Break**
- > **SESSION 2** **Session Chair: Katarzyna Zatońska**
- 11:30 – 12:15 The Ear as a Target Organ: Overlooked Otologic Complications of Diabetes  
*Speaker: Tomasz Zatoński*
- 12:15 – 13:00 Modifiable Risk Factors and Diabetes Outcomes:  
What the PURE Study Teaches Us About Population Health  
*Speaker: Andrzej Szuba*
- 13:00 – 14:00 Lunch**
- > **SESSION 3** **Interactive Panel 1**
- 14:00 – 15:00 Optimal Combinations in Diabetes Treatment:  
Timing, Selection Cues, and Case Lessons  
*Moderator: Katarzyna Zatońska*  
*Panelists: Aytekin Oğuz, Miraç Vural Keskinler, Alicja Basiak-Rasała*
- 15:00 – 15:15 Coffee Break**
- > **SESSION 4** **Interactive Panel 2**
- 15:15 – 16:00 Real-World Challenges in Multimorbid T2DM Patients  
Case-Based Insights And Multidisciplinary Solutions  
*Moderator: Katarzyna Zatońska*  
*Panelists: Aytekin Oğuz, Miraç Vural Keskinler, Alicja Basiak-Rasała*
- 16:00 – 16:15 Q&A
- > **SESSION 5** **Metabolic Syndrome And Obesity in Liver Transplant Recipients**
- 16:15 – 17:00 A 10-Year Observational Study  
*Moderator: Sadek Nazar*  
*Panelists: Sophio Beridze, Khatuna Varshanidze, Sanjiv Saigal*
- 17:00 – 17:30 The Genetic Architecture Of Obesity In Humans  
*Speaker: Valeriya Lyssenko*

### Saturday, October 17

- > **SESSION 1** **Session Chair: Aytekin Oğuz**
- 09:00 – 09:45 Top Take-Home Messages from the 2026 Guideline for Cardiovascular -  
Kidney - Metabolic Syndrome (CKM Syndrome)  
*Speaker: Banu Mesçi*
- 09:45 – 10:30 Enhancing Patient Engagement and Treatment Adherence  
*Speaker: Miraç Vural Keskinler*
- 10:30 – 11:00 Coffee Break**
- > **SESSION 2** **Closing Session**
- 11:00 – 12:00 Current Horizons and Future Directions in Rational Patient Care  
*Speaker: Aytekin Oğuz*